



# Joy Armillay

Ed.D. | R.D. | LDN | Nutrition Therapist

Joy Armillay, Ed.D., R.D., LDN, currently in private practice in Northeast PA is a sole practitioner in two separate offices in Luzerne and Lackawanna counties. Dr. Armillay provides the following expanded services for individuals in need of nutrition intervention and rehabilitation. Consults for Medical Nutritional Therapy are offered for the listed conditions:

## **Behavioral / Eating Disorders**

- anorexia
- bulimia
- binge eating disorder
- body image distortion (body dysmorphia)
- feeding disorders

## **Weight management:**

- individual and family
- chronic failed diet attempts
- non diet approach
- gastric restrictive surgery - pre and post surgery

## **Medical nutrition therapy:**

- cardiac
  - hypertension
  - hyperlipidemia
  - heart healthy nutrition
- diabetes
  - hypoglycemia
  - glucose intolerance
  - hyperinsulinemia
- gastrointestinal
  - colitis
  - crohns
  - IBS
  - GERD
  - gastroparesis
  - celiac
- food allergies
- autoimmune
- anti-inflammatory
- renal
- pediatric & adolescent
  - medical nutrition therapy
  - weight management
- nutrition & athletic performance

*The ultimate goal in nutrition intervention and rehabilitation is the identification of and resolution of psychological, family, social and behavioral issues.*

*As a Nutrition Therapist, Dr. Armillay encourages the team approach and coordination among behavioral and medical health professionals.*

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Hours: Monday through  
Friday from 10am - 6pm

*Evening hours are available upon request. Insurance reimbursement for nutritional counseling varies. To obtain additional information or to refer a patient, please call 570.208.7755*

